



Autism Movement Therapy



Elizabeth Rose Chacon
Autism Movement Therapy® Provider

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www.ercAMTprovider.com

 ERCAMTP
 ELIZABETH ROSE CHACON,
Autism Movement Therapy® Provider

New Web Address!
www.ercAMTprovider.com

August 2015 Newsletter

Update from Elizabeth

Since my old website wouldn't fit on a business card because it was too long, I decided to make a new website address: ercAMTprovider.com. This one fits on the card.

I am teaching at Capoeira Mandingueiro in Huntington Beach this fall. Fall Session starts on August 9, 2015.

Please follow me on Twitter (ERCAMTP) and Like my Facebook page ([ELIZABETH ROSE CHACON, Autism Movement Therapy® Provider](#)). If you are on Facebook and your child is in a Huntington Beach class please join my *closed* group called [Autism Movement Therapy in Huntington Beach](#). Only members of the group will be able to see the posted comments, likes and pictures.

Parents/Guardians will be asked to enroll in the class they want to take. Payment options are flexible.

Interested in Tap for your kids?

Please complete the "New Class for Fall" page on my website, or let me know via email, text or phone call.

FALL CLASSES START AUGUST 9TH!!!

Fall Locations and Start Dates

Capoeira Mandingueiro

16582 Gothard Ave. Suite N
Huntington Beach, CA 92647

Teen & Young Adult Class

1st Sunday Session 1:30 pm **8/9/15**

Children 5 and up

1st Monday Session 5:00 pm **8/10/15**

1st Wednesday Session 5:00 pm **8/12/15**

Linda Buell's Dance Workshop

20942 Bloomfield Ave.
Lakewood, CA 90715

Children 5 and up

1st Friday Session 4:00 pm **8/14/15**

**FIRST CLASS
FREE!**

Class information

Autism Movement Therapy® (AMT) is open to children on and off the Autism Spectrum. If you know a young child who is not yet identified as an autistic child, or is maybe just non-verbal, he or she is absolutely welcome to take the class. Most of my students have usually tried or do not like typical dance/movement classes. However, they find AMT suits them because behavior does not preclude participation. This class is most therapeutic if attended for a series of weeks.

Movement throughout the class is designed to help stimulate the brain and build new neuro-pathways between the right and left hemisphere. To create speech, information must pass between the left and right hemispheres. The brain is challenged by the class to create new pathways; the class is a safe place to experience the stimulation of lights, music, mirrors and movement. If students become stressed they are taught self-regulation techniques throughout the class.

Discipline

Students don't have to worry about doing anything right or wrong. The only thing they are invited to do is follow me, and MOVE with me! But if they have a "meltdown" or start hitting the mirror or another person the student will be asked to sit in a chair in the dance room and will be shown some techniques to calm him or herself down. **The choice to rejoin the class belongs to the student.** When the child is ready they can simply indicate that he/she would like to start dancing again. Raising the hand, asking, or simply joining again are all acceptable.

If you know of anyone who would benefit from this therapy, please give them my information.

I am now eligible to be an Autism Movement Therapy Licensed Provider so I can train and certify new providers! If you want to be a provider, let me know so I can arrange licensing and a certification workshop.

Parents

Parents are encouraged to observe their child. If you want to join the class you might have to sign a release for the facility. I will be asking you to dance or move with me just like the other students because additional role models are beneficial to movement therapy. If you would like to take 45-60 minutes to relax, sit, read, or enjoy just watching the class you are welcome to do that. There is usually space in the lobby of the studio for private conversation.

No special dance clothes are required. (Shoe requirements are up to each studio owner.) Most students like to dance barefoot. If your child prefers socks, I recommend 100% cotton socks to reduce slipping on the dance studio floor. If your student likes to wear skirts, I recommend dance briefs to allow freedom of movement.


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